Sometimes, when you know that you will be doing something over and over, it is helpful to know how many times it needs to be done before you begin. That way, you can keep track of how many actions you have left as you go.

Example:

If your mom wanted you to play her favorite song over and over, she wouldn’t say:

“Please play my song, play my song, play my song, play my song.”

She would most likely say:

“Please play my song four times.”

We are going to practice using loops to explain how many times we should perform an action while we learn a new dance!

Come on everybody, let’s do The Iteration!

New Word!

Loop

Say it with me: Loop

The action of doing something over and over again.

When you repeat something multiple times, like clapping your hands, you are performing a loop of that action.
The Iteration

Clap Clap Clap
Behind Head Waist Behind Head Waist
Clap Clap Clap
Left Up Right Up Left Up Right Up
Clap Clap Clap

Repeat this part 3 times!

Belly Laugh

Then do this